

שחרית לשבת

Sabbath Morning Worship

מה טובו אהליך יַעֲקֹב, מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל.

How goodly are your tents, O Jacob, your dwelling places, O Israel.

Ma tovoo ohalekha ya 'aqov, mish-qno-tekha yisra'el

In Your abundant loving kindness, O God, let me enter Your house, reverently to worship in Your holy temple. Adonai, I love Your house, the place where Your glory dwells. So I would worship with humility, I would seek blessing in the presence of God, my Maker. To You, then, Adonai, does my prayer go forth. May this be a time of joy and favor. In Your great love, O God, answer me with Your saving truth.

Praised is our Eternal God, Creator of the universe, who has made our bodies with wisdom, combining veins, arteries and vital organs into a finely balanced network. Wondrous Fashioner and Sustainer of life, Source of our health and our strength, we give You thanks and praise.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו, וְצִוָּנוּ לְעִסוֹק בְּדַבְרֵי תוֹרָה.

Praised are You, Adonai our God, Ruler of the universe, who sanctifies us with Your *mitsvot*, and commands us to engage in the study of Torah.

Eternal our God, make the words of Your Torah sweet to us, and to the House of Israel, Your people, that we and our children may be lovers of Your name and students of Your Torah. Praised is Adonai, the Teacher of Torah to Your people Israel.

Desiderata (Max Ehrmann 1927)

Go placidly amid the noise and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism.

Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

Circle Game (Joni Mitchell)

Yesterday a child came out to wonder
Caught a dragonfly inside a jar
Fearful when the sky was full of thunder
And tearful at the falling of a star

(chorus)

And the seasons they go round and round
And the painted ponies go up and down
We're captive on the carousel of time
We can't return we can only look behind
From where we came
And go round and round and round
In the circle game

Then the child moved ten times round the seasons
Skated over ten clear frozen streams
Words like, when you're older, must appease him
And promises of someday make his dreams

(chorus)

Sixteen springs and sixteen summers gone now
Cartwheels turn to car wheels through the town
And they tell him,
Take your time, it won't be long now
Till you drag your feet to slow the circles down

(chorus)

So the years spin by and now the boy is twenty
Though his dreams have lost some grandeur coming true
There'll be new dreams, maybe better dreams and plenty
Before the last revolving year is through

(from Mishnah Pe'ah 1:1)

These are the things without measure whose fruits a person eats
in this world, and are a perpetual trust in the world to come.
These are:

כְּבוֹד אָב וְאִם,

Honoring father and mother,

וְגַמְלוֹת חֲסָדִים,

And gracious actions,

וְהַשְׁכָּמַת בֵּית הַמְדָּרֶשׁ שְׁחֲרִית וְעֶרְבִית,

And arriving early to the place of study morning and evening,

הַכְנָסַת אוֹרְחִים,

Practicing hospitality,

וּבִקּוּר חוֹלִים,

And visiting the sick,

וְהַכְנָסַת כַּלָּה,

And bringing in the bride,

וּלְוִיַת הַמֵּת,

And accompanying the dead,

וְעִיּוֹן תְּפִלָּה,

And discerning prayer,

וְהַבָּאת שְׁלוֹם בֵּין אָדָם לְחֵבְרוֹ,

And bringing peace between one another,

וְתִלְמוּד תּוֹרָה כְּנֶגֶד כָּלֶם.

And the study of Torah is equal to them all

The soul that You have given me, Adonai, is a pure one! You
have created and formed it, breathed it into me, and within me
You sustain it. So long as I have breath, therefore, I will give
thanks to You, Adonai my God and God of all ages, Ruler of all
creation, Guide of every human spirit. Praised is Adonai, in
Whose hands are the souls of all the living and the spirits of all
flesh.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן
לְשִׁכּוּי בֵינָה, לְהַבְחִין בֵּין יוֹם וּבֵין לַיְלָה.

*Praised is Adonai our God, Ruler of the universe, who gave the
rooster the sense to distinguish between day and night.*

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁעָשָׂנִי יִשְׂרָאֵל.

*Praised is Adonai our God, Who has made me a part of the
people Israel.*

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁעָשָׂנִי בֶן
חֹרִין.

Praised is Adonai our God, Who has made me free.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, פּוֹקֵחַ עֵוְרִים.

Praised is Adonai our God, Who opens the eyes of the blind.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, מַלְבִּישׁ
עֲרֻמִּים.

Praised is Adonai our God, Who clothes the naked.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, מַתִּיר
אֲסוּרִים.

Praised is Adonai our God, Who unshackles the captives.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, זוֹקֵן
כְּפוֹפִים.

Praised is Adonai our God, Who straightens the bent.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמְכִּין מַצְעָדֵי
גִּבּוֹר.

*Praised is Adonai our God, Ruler of the universe, Who makes
firm a person's stride.*

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אוֹזֵר יִשְׂרָאֵל
בְּגִבּוֹרָה.

America the Beautiful

O beautiful for spacious skies,
For amber waves of grain,
For purple mountain majesties
Above the fruited plain!

America! America!

God shed His grace on thee
And crown thy good with brotherhood
From sea to shining sea!

O beautiful for pilgrim feet,
Whose stern, impassioned stress
A thoroughfare for freedom beat
Across the wilderness!

America! America!

God mend thine every flaw,
Confirm thy soul in self-control,
Thy liberty in law!

O beautiful for heroes proved
In liberating strife,
Who more than self their country loved
And mercy more than life!

America! America!

May God thy gold refine,
Till all success be nobleness,
And every gain divine!

O beautiful for patriot dream
That sees beyond the years
Thine alabaster cities gleam
Undimmed by human tears!

America! America!

God shed His grace on thee
And crown thy good with brotherhood
From sea to shining sea!

Imagine (John Lennon)

Imagine there's no heaven, it's easy if you try
No hell below us, above us only sky
Imagine all the people living for today...

Imagine there's no countries, it isn't hard to do
Nothing to kill or die for, and no religion too
Imagine all the people living life in peace...

You may say I'm a dreamer, but I'm not the only one
I hope someday you'll join us and the world will be as one.

Imagine no possessions, I wonder if you can
No need for greed or hunger, a brotherhood of man
Imagine all the people sharing all the world...

You may say I'm a dreamer, but I'm not the only one
I hope someday you'll join us and the world will be as one.

*Praised is Adonai our God, Ruler of the universe, Who girds
Israel with valor.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, עוֹטֵר יִשְׂרָאֵל
בְּתִפְאָרָה.

*Praised is Adonai our God, Ruler of the Universe, Who wraps
Israel in splendor.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַנוֹתֵן לַיָּעֹף
כֹּחַ.

*Praised is Adonai our God, Ruler of the universe, Who gives
strength to the weary.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמְעַבִּיר שְׁנָה
מֵעֵינַי וּתְנוּמָה מֵעַפְעָפִי.

*Praised is Adonai our God, Ruler of the universe, Who removes
sleep from my eyes and slumber from my nostrils.*

בְּרוּךְ שֶׁאָמַר וְהָיָה הָעוֹלָם, בְּרוּךְ הוּא. בְּרוּךְ עוֹשֶׂה
בְּרֵאשִׁית, בְּרוּךְ אוֹמֵר וְעוֹשֶׂה. בְּרוּךְ גּוֹזֵר וּמְקַיֵּם,
בְּרוּךְ מְרַחֵם עַל הָאָרֶץ. בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת,
בְּרוּךְ מְשַׁלֵּם שְׂכָר טוֹב לִירְאָיו. בְּרוּךְ חַי לְעַד
וְקַיֵּם לְנֶצַח, בְּרוּךְ פּוֹדֶה וּמַצִּיל, בְּרוּךְ שְׂמוֹ.
בְּשִׁבְחוֹת וּבְזִמְרוֹת נִגְדָלָה וּנְשַׁבַּחָהּ, וּנְפָאֲרָה וּנְזַכֵּיר
שְׁמָהּ, וּנְמַלִּיכָהּ, מִלְכֵנוּ אֱלֹהֵינוּ, יְחִיד, חַי
הָעוֹלָמִים, מֶלֶךְ מְשַׁבַּח וּמְפָאֵר עַד עַד שְׂמוֹ
הַגָּדוֹל. בְּרוּךְ אַתָּה יְיָ, מֶלֶךְ מְהֻלָּל בְּתִשְׁבָּחוֹת.

*Praised is the One Who spoke, and the world came to be.
Blessed is the Source of creation. Praised is the One Whose word
is deed, Whose thought is fact. Praised is the One Whose com-
passion covers the Earth and all its creatures. Praised is the living
and eternal God, Ruler of the universe, divine source of deliver-
ance and help.*

With songs of praise we extol You and proclaim Your sovereignty, our God and Ruler, for You are the Source of life in creation. Praised is Adonai, Who is exalted in praise.

(Psalm 92)

A hymn sung on the day of Shabbat:

It is good to thank Adonai, and to serenade Your name, O Most High!

To speak of Your grace in the morning, Your faithfulness at night.

Upon the strings, and with the joyous sound of pipes!

For You have made me happy with your deeds, and I rejoice in Your handiwork.

How great are Your accomplishments, Adonai, and how profound Your designs!

A savage does not know, nor does a fool comprehend this.

That when the wicked flourish like weeds and the evil doers blossom, it is so they may be forever uprooted.

For You are Supreme, Adonai!

For behold your enemies, Adonai, behold how they perish, see how the wicked scatter!

Yet You raise me up in glory, You have anointed me in refreshing oil!

Even as my foes array against me, and those who would harm me close in, I can hear these words:

The righteous flourish like the palm tree, growing lofty like the cedars of Lebanon;

Rooted in the House of Adonai, flowering in the precincts of our God.

They are fruitful even as they age, always fresh and growing.

To declare how just is Adonai, my incorruptible stronghold!

Halleluyah

(Leonard Cohen)

I've heard there was a secret chord
that David played and it pleased the Lord
But you don't really care for music, do ya?

It goes like this: The fourth, the fifth

The minor fall, the major lift

The baffled king composing Hallelujah.

You say I took the Name in vain

I don't even know the name

But if I did, well, really, what's it to ya?

There's a blaze of light in every word

It doesn't matter which you heard

The holy or the broken Hallelujah.

I did my best, it wasn't much

I couldn't feel so I tried to touch

I've told the truth, I didn't come to fool ya!

And even though it all went wrong

I'll stand before the Lord of Song

With nothing on my tongue but Hallelujah.

מפי אל Mepee El

אין אדיר כפי, ואין ברוד כבן עמרם,
אין גדולה פתורה, ואין דרשניה כישראל.
*Ayn adir ka'adonai, v'ayn barookh k'ven amram,
Ayn gdola katora, v'ayn darshaneha kyisra'el.*

מפי אל, ומפי אל, יברך כל ישראל.
Meepee el, oo'meepee el, yvorakh kol yisra'el.

אין הדור כפי, ואין ותיק כבן עמרם,
אין זכה פתורה, ואין חכמיה כישראל.
*Ayn hadoor ka'adonai, v'ayn vatiq kven amram,
Ayn zaka katora, v'ayn hakhameha kyisra'el.*

אין טהור כפי, ואין יחיד כבן עמרם,
אין כפירה פתורה, ואין למדניה כישראל.
*Ayn tahor ka'adonai, v'ayn yahid kven amram,
Ayn kabeera katora, v'ayn lamdaneha kyisra'el.*

אין שומר כפי, ואין שלם כבן עמרם.
אין תמימה פתורה, ואין תומכיה כישראל
*Ayn shomer ka'adonai, v'ayn shalem kven amram,
Ayn tmeema katora, v'ayn tomkheha kyisra'el.*

There is none as exulted as Adonai, none blessed like the son of Amram, no greatness like the Torah and no expounders of it like Israel.

From Adonai's mouth Israel will be blessed.

There is none splendid like Adonai, none devoted like the son of Amram, nothing as fine as the Torah, and none wise in it like Israel.

There is none pure as Adonai, none unique as the son of Amram, no magnificence like the Torah, and no scholars of it like Israel.

There is no guardian like Adonai and none complete as the son of Amram. There is no purity like the Torah and no supporters of it like Israel.

צדיק כתמר יפרח כארז בלבנון ישגה: שתולים
בבית יי בחצרות אלהינו יפריחו: עוד ינובון
בשיבה דשנים ורעננים יהיו: להגיד כי ישר יי צורי
ולא עולתה בו.

(Psalm 145)

אשרי יושבי ביתך, עוד יהללוך סלה.
אשרי העם שפכה לו, אשרי העם שיי אלהיו.

Fortunate are those who dwell in Your House, they will sing Your praise forever. Fortunate the people whose lives are thus, fortunate the people whose God is Adonai.

תהלה לדוד:

ארוממך אלוהי המלך, ואברכה שמך לעולם ועד.
בכל יום אברכך, ואהללה שמך לעולם ועד.

I will exalt You, my sovereign God, I will praise Your name forever. Every day I will praise You; I will extol Your name forever.

גדול יי ומהלל מאד, ולגדלתו אין חקר.
דור לדור ישבח מעשיך, וגבורתיך יגידו.

Great is Adonai and worthy of praise; Your greatness is infinite. One generation shall acclaim Your work to the next, telling of Your mighty acts.

הדר כבוד הודך, ודברי נפלאתיך אשיחה.
ועזוז נוראותיך יאמרו וגדולתך אספרינה.

They shall praise Your radiant glory, reflecting on Your wondrous works. They shall speak of Your awesome might, and tell of Your greatness.

זכר רב טובך יביעו, וצדקתך ירננו.
חננו ורחום יי, ארך אפים וגדל חסד.

They shall tell of Your great goodness, and sing of Your righteousness. Adonai is gracious and compassionate, patient and abundant in love.

טוב יי לכל, ורחמיו על כל מעשיו.

יודוך יי כל מעשיך, וחסידיך יברכוכה.

*Adonai is good to all; Your compassion is for all Your creatures.
All Your works, Adonai, shall thank You; Your faithful ones shall
praise You.*

כבוד מלכותך יאמרו, וגבורתך ידברו.

להודיע לבני האדם גבורתו, וכבוד הדר
מלכותו.

*They shall speak of Your glorious sovereignty, and praise Your
might; to reveal Your power to the world, and the glorious
splendor of Your rule.*

מלכותך מלכות כל עלמים, וממשלתך בכל דור
ודר.

סומך יי לכל הנפלים, וזוקף לכל הכפופים.

*You shall rule forever, Your dominion endures through all gen-
erations. Adonai, You support the fallen; You raise up all who
are bowed down.*

עיני כל אליך ישברו, ואתה נותן להם את

אכלם בעתו.

פותח את ידך, ומשביע לכל חי רצון.

*The eyes of all are turned to You; You sustain them in time of
need. You open Your hand to satisfy the needs of all living crea-
tures.*

צדיק יי בכל דרכיו, וחסיד בכל מעשיו.

קרוב יי לכל קראיו, לכל אשר יקראהו באמת.

*Adonai, You are just in all Your paths, loving in all Your deeds.
Adonai is near to all who call upon You, to all who call upon
You in sincerity.*

אדון עולם אשר מלך, בטרם כל יציר נברא.

לעת נעשה בחפצו כל, אזי מלך שמו נקרא.

ואחרי ככלות הכל, לבדו ימלוך נורא.

והוא הנה, והוא הנה, והוא יהיה, בתפארה.

והוא אחד ואין שני, להמשיל לו להחבירה.

בלי ראשית בלי תכלית, ולו העז והמשרה.

והוא אלי וחי גאלי, וצור חבלי בעת צרה.

והוא נסי ומנוס לי מנת כוסי ביום אקרא.

בידו אפקיד רוחי, בעת אישן ואעירה.

ועם רוחי גוייתי, יי לי ולא אירא.

*Eternal Ruler, who reigned before any being was yet created, when
all was done according to Your will, then You became the Sovereign.
And after all has ceased to be, still will God reign in solitary majesty;
God was, is, and shall be in glory.*

*God is One with none to compare nor any beside You; God is with-
out beginning or end; to God is all power and dominion.*

*You are my God, my living Redeemer, my Rock in time of trouble
and distress; You are my banner and my refuge, my benefactor when
I call upon You.*

*Into Your hands I entrust my spirit, when I sleep and when I awake,
As long as my breath is in my body Adonai is with me, I shall not
fear.*

*Adon olam asher ma-lakh, bete-rem kol y'tzir nivra'
L'et na'asah, behef-tso kol, azai me-lekh sh-mo niq-ra'.*

*V'a-ha-ray kikh-lot ha-kol, l'va-doh yim-lokh no-ra'
Vehoo haya, vehoo ho-veh, vehoo yi-h'yeh, betiph'a-rah.*

*Vehoo ehad, v'ayn shay-nee, l'hamshil lo l'hah-beerah
Belee ray-sheet belee takh-lit, velo ha'ohz veva-mis-rah.*

*Vehoo aylee vehai go'alee vetzur hev-ee be'eyt tza-rah
Vehoo nee-see ooma-nos lee, mnat ko-see beyom eq-ra'.*

*Beya-doh aph-qid ru-hee, be'ayt ee-shan v'a-ee-rah
V'im ru-hee, gevee-ya-tee, Adonai velo ee-ra'.*

אֵין כְּאֱלֹהֵינוּ, אֵין כְּאֲדוֹנֵינוּ,
אֵין כְּמִלְכֵנוּ, אֵין כְּמוֹשִׁיעֵנוּ.
מִי כְּאֱלֹהֵינוּ, מִי כְּאֲדוֹנֵינוּ,
מִי כְּמִלְכֵנוּ, מִי כְּמוֹשִׁיעֵנוּ

נוֹדֶה לְאֱלֹהֵינוּ, נוֹדֶה לְאֲדוֹנֵינוּ,
נוֹדֶה לְמִלְכֵנוּ, נוֹדֶה לְמוֹשִׁיעֵנוּ.

בְּרוּךְ אֱלֹהֵינוּ, בְּרוּךְ אֲדוֹנֵינוּ,
בְּרוּךְ מִלְכֵנוּ, בְּרוּךְ מוֹשִׁיעֵנוּ.

אַתָּה הוּא אֱלֹהֵינוּ,
אַתָּה הוּא אֲדוֹנֵינוּ,
אַתָּה הוּא מִלְכֵנוּ,
אַתָּה הוּא מוֹשִׁיעֵנוּ.

There is none like our God, none like our Lord, none like our Ruler, none like our Savior. Who is like our God? Who is like our Lord? Who is like our Ruler? Who is like our Savior? We thank our God, We thank our Lord, We thank our Ruler, We thank our Savior. Praised is our God, Praised is our Lord, Praised is our Ruler, Praised is our Savior. You are our God, You are our Lord, You are our Ruler, You are our Savior.

*Ayn kay-lo-hey-noo, Ayn ka'doh-nay-noo
Ayn k'mal-kay-noo, Ayn k'mo-shi-enoo.*

*Me kay-lo-hey-nu, Me ka'doh-nay-noo
Me k'mal-kay-noo, Me k'mo-shi-enoo.*

*Nodeh lay-lo-hey-noo, Nodeh la-do-nay-noo,
Nodeh l'mal-kay-noo, Nodeh l'mo-shi-enoo.*

*Barukh Elo-hey-noo, Barukh Ado-nay-noo,
Barukh mal-kay-noo, Barukh mo-shi-enoo.*

*Atah hoo Elo-hey-nu, Atah hu Ado-nay-noo
Atah hoo mal-kay-noo, Atah hoo mo-shi-einoo.*

רְצוֹן יִרְאִיו יַעֲשֶׂה, וְאֵת שׁוֹעֲתָם יִשְׁמַע וַיּוֹשִׁיעֵם.
שׁוֹמֵר יִי אֵת כָּל אֲהַבָיו, וְאֵת כָּל הַרְשָׁעִים יִשְׁמִיד.
*You fulfill the will of those who revere You, hearing their cry
and saving them. Adonai, You preserve those who love You,
but the wicked You will destroy.*

תְּהִלַּת יְיָ יִדְבַּר פִּי, וַיְבָרֵךְ כָּל בֶּשָׂר שֵׁם קִדְשׁוֹ
לְעוֹלָם וָעֶד.

וְאֲנַחְנוּ נְבָרֵךְ יְהוָה, מֵעַתָּה וְעַד עוֹלָם, הַלְלוּיָהּ.
*My mouth shall declare the glory of Adonai, let all flesh praise
God's holy name forever. We will praise Adonai now and al-
ways. Halleluyah!*

(Psalm 150)

הַלְלוּיָהּ,

הַלְלוּ אֵל בְּקִדְשׁוֹ, הַלְלוּהוּ בְּרִקִיעַ עֲזוֹ.
הַלְלוּהוּ בְּגִבּוֹרֹתָיו, הַלְלוּהוּ כְּרֹב גְּדֻלוֹ.
הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר, הַלְלוּהוּ בְּנִבְל וְכִנּוֹר.
הַלְלוּהוּ בְּתוֹף וּמְחוֹל, הַלְלוּהוּ בְּמִנִּים וְעִגְב.
הַלְלוּהוּ בְּצִלְצְלֵי שִׁמְעַ, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה.
כָּל הַנְּשָׁמָה תְהִלֵּל יְהוָה הַלְלוּיָהּ.

Praise God!

Praise God's holiness. Praise God's great heaven!

Praise God's power! Praise God's greatness!

Praise God with the shofar blast! Praise God with harp and lute!

Praise God with drum and dance! Praise God with strings and
pipe!

Praise God with cymbals ringing, Praise God with cymbals sing-
ing!

Let all that breathes praise God, Halleluyah!

God of all ages, Ruler of all creatures, Leader of all generations, all praise to You! You guide the world with steadfast love, Your creatures with tender mercy. You neither slumber nor sleep. You awaken the sleeping and arouse the dormant. You give speech to the silent, freedom to the enslaved, and justice to the oppressed. To You alone we give thanks.

Though our mouths should overflow with song as the sea, our tongues with melody as the roaring waves, our lips with praise as the heavens' wide expanse, and though our eyes were to shine as the sun and the moon, our arms extend like eagles' wings, our feet speed swiftly as deer - still we could not fully thank You, Adonai our God and God of all ages, or praise Your name enough, for even one of Your infinite kindnesses to our ancestors and to us.

Therefore, O God, limbs and tongue and heart and mind shall join to praise Your name. Every tongue will yet affirm You, and every soul give You allegiance. As it is written: All my limbs shall say: "Adonai, who is like You?" And David sang: "Praise Adonai, O my soul, and let all that is within me praise Your holy name!"

Let the breath of every living being praise Your name, Adonai our God, and let every human being acclaim Your majesty forever and ever. Through all eternity You are God; we have no ruler but You.

נְשַׁמֵּת כָּל חַי, תְּבָרַךְ אֶת שְׁמֶךָ יי אֱלֹהֵינוּ. וְרוּחַ
כָּל בְּשָׂר, תְּפַאֵר וּתְרוֹמִם זְכָרְךָ מִלְּכֵנוּ תָמִיד, מִן
הָעוֹלָם וְעַד הָעוֹלָם אֲתָה אֵל. אֵין לָנוּ מִלְּךָ אֱלֹהֵ
אֲתָה.
הָאֵל בְּתַעֲצֻמוֹת עֲזָךְ, הַגָּדוֹל בְּכְבוֹד שְׁמֶךָ. גְּבוֹר
לְנֶצַח וְהַנּוֹרָא בְּנוֹרְאוֹתֶיךָ. הַמְּלֹךְ הַיּוֹשֵׁב עַל כְּסֵא
רַם וְנִשְׂא.

Yit-gadal vyit-qadash shemay rabba, be'al-ma dee-vra kheer-oo-tay, veyam-likh mal-khoo-tay, behayey-khon oovyo-may-khon uvehya-yeh d'khol bayt yisra'el, ba'agalah ooveez-man qa-reev v'imroo Amen.

Y'hay shmay rabba meva-rakh l'a-lam oo'al-may al-maya. Yit-ba-rakh, veyish-ta-bakh, veyit-pa'ar, veyit-romam, veyit-na-seh, veyit-ha-dar, veyit-'a-leh, veyit-ha-lahl shemay d'qud'sha, berikh hoo. L'ayla min kol bir-kha-ta veshi-ra-ta, toosh-beha-ta vene-he-ma-ta, da'ami-ran b'alma v'imroo amen.

Yhay shelama rabba min shema-ya veyim-alaynu v'al kol Yisra'el v'imroo amen.

Oseh shalom bim-ro-mahv, hu ya'a-seh shalom alaynu v'al kol Yisrael, v'imroo amen.

Extolled and sanctified be the Great Name in the world that was created by the Divine will so that God's kingdom be declared soon and in our own lifetimes and in our own days and in the lifetime of the whole House of Israel, and say you: Amen. May the Great Name be eternally praised.

Let the Name of the Holy One, praised be God, be praised, lauded, glorified, exalted, raised high, adorned, elevated and extolled above all the benedictions, hymns, praises, and consolations that are said in this world, and say you: Amen.

Let there be abundant peace from Heaven and life for us and for all of the House of Israel, and say you: Amen.

The Maker of peace in God's celestial heights will make peace upon us and upon all of Israel, and say you: Amen.

May the time not be distant, O God, when Your name shall be worshiped in all the Earth, when unbelief shall disappear and error be no more. Fervently we pray that the day may come when all shall turn to You in love, when corruption and evil shall give way to integrity and goodness, when superstition shall no longer enslave the mind, nor idolatry blind the eye, when all who dwell on Earth shall know that You alone are God. May all, created in Your image, become one in spirit and one in friendship, forever united in Your service. Then shall Your rule be established on Earth and the word of Your prophet fulfilled: Adonai shall reign forever and ever. On that day Adonai shall be One and Your Name shall be One.

וְנֹאמֵר, וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ. בַּיּוֹם הַהוּא יְהִיָּה יְיָ אֶחָד וְשֵׁמוֹ אֶחָד.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ, וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ אָמֵן:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי וּלְעַלְמֵי עֲלַמְיָא:
יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא: לְעֵלְא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחָתָא וְנַחֲמָתָא, דְּאָמְרִין בְּעֵלְמָא, וְאָמְרוּ אָמֵן:
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן:

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן

שׁוֹכֵן עַד, מְרוֹם וְקָדוֹשׁ שְׁמוֹ. וְכָתוּב, רַנְּנוּ צְדִיקִים בְּיְיָ, לְיִשְׂרָאֵל נְאֻה תְּהִלָּה. בְּפִי יִשְׂרָאֵל תִּתְהַלָּל. וּבְדַבְּרֵי צְדִיקִים תִּתְבָּרַךְ. וּבְלִשׁוֹן חֲסִידִים תִּתְרוֹמֵם. וּבִקְרִב קְדוֹשִׁים תִּתְקַדֵּשׁ. וּבְמִקְהֵלוֹת רַבְבוֹת עִמָּךְ בֵּית יִשְׂרָאֵל, בְּרִנָּה יִתְפָּאֵר שְׁמֵךְ מִלְּפָנֵינוּ, בְּכָל דּוֹר וְדוֹר, יִשְׁתַּבַּח שְׁמֵךְ לְעַד מִלְּפָנֵינוּ, הַיֵּל הַמְּלֶכֶךְ הַגָּדוֹל וְהַקְּדוֹשׁ בְּשָׁמַיִם וּבָאָרֶץ. בְּרוּךְ אַתָּה יְיָ, אֵל מֶלֶךְ גָּדוֹל בְּתִשְׁבָּחוֹת, אֵל הַהוֹדָאוֹת, אֲדוֹן הַנִּפְלְאוֹת, הַבוֹחֵר בְּשִׁירֵי זְמֵרָה, מֶלֶךְ אֵל חַי הַעוֹלָמִים.

Tremendous is God in Your power, You are glorious in Your being, mighty forever and awesome in Your works. You are the Ruler, supreme and exalted.

You abide forever, O High and Holy One. Therefore, let all who are righteous sing God's song; the upright do well to acclaim You. The mouths of the righteous praise You; the tongues of the faithful exalt You; the hearts of all who seek holiness sanctify You.

And the assembled hosts of Your people the House of Israel in every generation, our Ruler, glorify Your name in song.

Majestic God, great and holy ruler, let Your name be praised forever in Heaven and on Earth. Praised is Adonai, the sovereign God, wondrous ruler who delights in song, the only One, the life of the universe.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ, וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ אָמֵן:
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי וּלְעַלְמֵי עֲלַמְיָא:

יְתַבְרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקוּדְשָׁא בְרִיךְ
הוּא לְעֵלְא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחָתָא
וְנַחֲמָתָא, דְאַמְיָרָן בְּעֵלְמָא, וְאַמְרוּ אָמֵן :

Praise Adonai to Whom praise is due!

Praised be Adonai to Whom praise is due throughout eternity.

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, יוֹצֵר אוֹר
וּבוֹרֵא חֹשֶׁךְ, עוֹשֶׂה שָׁלוֹם וּבוֹרֵא אֶת הַכֹּל. הַמְּאִיר
לְאָרֶץ וְלַדָּרִים עֲלֶיךָ בְּרַחֲמִים, וּבְטוֹבוֹ מְחַדֵּשׁ
בְּכָל יוֹם תְּמִיד מַעֲשֵׂה בְּרָאשִׁית. מָה רַבּוֹ מַעֲשֵׂיךָ
יְיָ, כָּל־בְּחֻמָּה עֲשִׂיתָ, מְלַאָּה הָאָרֶץ קִנְיָנְךָ.
תִּתְבָּרַךְ יְיָ אֱלֹהֵינוּ עַל שִׁבְחַ מַעֲשֵׂה יְדִיךָ. וְעַל
מְאוּרֵי אוֹר שֶׁעֲשִׂיתָ יַפְאֵרוֹךְ סֵלָה. בְּרוּךְ אַתָּה יְיָ
יוֹצֵר הַמְּאוּרוֹת.

Praised be Adonai our God, Ruler of the universe, who makes light and creates darkness, who ordains peace and fashions all things. With compassion You give light to the Earth and all who dwell there; with goodness You renew the work of creation continually, day by day. How manifold are Your works, Adonai, in wisdom You have made them all; the earth is full of Your creations. Let all that is praise You, Adonai our God, for the excellence of Your handiwork, and for the glowing stars that You have made; let them glorify You forever. Praised is Adonai, Maker of the luminous.

The Torah of Adonai is perfect, reviving the soul.
The teaching of Adonai is sure, making wise the simple.

The precepts of Adonai are right, delighting the mind.
The mitzvah of Adonai is clear, giving light to the eyes.

The word of Adonai is pure, enduring forever.
The judgments of Adonai are true, altogether just.

Behold, a good lesson has been given you, My Torah, do not forsake it. It is a tree of life to those who hold it fast, and all who cling to it find happiness. Its ways are ways of pleasantness, and all its paths are peace. Cause us to return to You, Adonai, then truly shall we be restored. Renew our days as in the past.

עַץ חַיִּים הִיא לַמַּחְזִיקִים בָּהּ, וְתַמְכִּיחַ מְאֹד.
דְּרַכֶּיךָ דְרָכֵי נְעִים, וְכָל נְתִיבוֹתֶיךָ שָׁלוֹם.
הַשִּׁיבֵנו יְיָ, אֱלֹהֵינוּ וְנִשְׁוֵבָה. חַדֵּשׁ יָמֵינוּ כְּקֶדֶם.

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר
בְּרָאשִׁית, שֶׁלֹּא עֲשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת, וְלֹא שָׁמְנוּ
כְּמִשְׁפְּחוֹת הָאֲדָמָה, שֶׁלֹּא שָׁם חִלְקֵנוּ כִּהְיֵינוּ,
וְגִרְלָנוּ כְּכָל הַמוֹנָם. וְאַנְחָנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים
וּמוֹדִים, לְפָנֵי מֶלֶךְ מַלְכֵי הַמַּלְכִּים, הַקָּדוֹשׁ בְּרוּךְ
הוּא.

We must praise the God of all, and magnify the fashioner of creation, Who has set us apart from all the peoples of the lands, not placing us like all of the other families of the Earth; giving us a destiny unique among the nations, a lot different than their multitudes.

We therefore bow in awe and thanksgiving before the One who is Sovereign over all, the Holy One, praised be God.

You are faithful, Adonai our God, and faithful is Your word. Not one word of Yours goes forth without accomplishing its task, O faithful and compassionate God and Ruler. Praised is Adonai, the faithful God.

Show compassion upon Zion, our House of Life, and banish all sadness speedily, in our own day. Praised is Adonai, who brings joy to Zion's children.

Cause us to rejoice, Adonai our God, in your servant Elijah the prophet, and in the kingdom of David your anointed one, may he come soon to gladden our hearts, let no usurper ever sit on his throne, or others inherit his glory, for by Your holy name, You swore to him that his lamp would never be extinguished. Praised are You, Adonai, the shield of David.

For the Torah, for the privilege of worship, for the prophets, and for this Sabbath that You, Adonai our God, have given us for holiness and rest, for honor and glory, we thank and praise You.

For all things, Adonai our God, let Your name be praised forever by every living being. Praised is Adonai, Who sanctifies the Sabbath.

יְהַלְלוּ אֶת שֵׁם יי, כִּי נִשְׁגָּב שְׁמוֹ לְבַדּוֹ.

Let us praise the name of Adonai, for Your name alone is exalted.

הוֹדוּ עַל אֶרֶץ וְשָׁמַיִם. וַיִּרְם קֶרֶן לְעַמּוֹ, תִּהְיֶה לְכֹל חַסִּידֶיךָ, לְבְנֵי יִשְׂרָאֵל עִם קְרוֹבוֹ, הַלְלוּיָהּ.

God's splendor covers the heavens and the Earth. You raised up Your people, making glorious Your faithful ones, Israel, a people drawn near to You. Halleluyah!

אֶהְבֶּה רַבָּה אֶהְבֶּתְנוּ, יי אֶלְהֵינוּ, חֶמְלָה גְדוֹלָה וַיִּתְּרָה חֶמְלָתְךָ עָלֵינוּ. אָבִינוּ מִלְכֵנוּ, בְּעִבּוֹר אֲבוֹתֵינוּ שֶׁבְטַחוּ בְךָ, וַתִּלְמַדְם חֻקֵי חַיִּים, כִּן תִּחַנְּנוּ וַתִּלְמַדְנוּ. אָבִינוּ, הָאֵב הַרְחֵמֵנוּ, הַמְרַחֵם רַחֵם עָלֵינוּ, וַתֵּן בְּלַבְנוּ לְהַבִּין וּלְהַשְׁפִּיל, לְשִׁמְעַ, לְלַמֵּד וּלְלַמֵּד, לְשִׁמֵּר וּלְעֲשׂוֹת וּלְקַיֵּם אֶת כָּל דְּבָרֶיךָ תִּלְמוּד תּוֹרָתְךָ בְּאֶהְבָּה. וְהָאֵר עֵינֵינוּ בְּתוֹרָתְךָ, וְדַבֵּק לַבְּנוּ בְּמִצְוֹתֶיךָ, וַיַּחַד לְבַבְנוּ לְאֶהְבָּה וּלְיִרְאָה אֶת שְׁמֶךָ, וְלֹא נִבּוֹשׁ לְעוֹלָם וָעֶד. כִּי בְשֵׁם קְדֻשְׁתְּךָ הַגְּדוֹל וְהַנּוֹרָא בְּטַחְנוּ, נִגִּילָה וְנִשְׁמַחָה בִּישׁוּעָתְךָ. כִּי אֵל פּוֹעֵל יִשׁוּעוֹת אַתָּה, וַיְבָנוּ בְּחַרְתָּ וַיְקַרְבֶּתְנוּ לְשִׁמְךָ הַגְּדוֹל סֵלָה בְּאַמַּת לְהוֹדוֹת לְךָ וּלְיַחְדְּךָ בְּאֶהְבָּה. בְּרוּךְ אַתָּה יי, הַבוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאֶהְבָּה.

Deep is Your love for us, Adonai our God, and great is Your compassion. Our Maker and Ruler, our ancestors trusted in You, and You taught them the laws of life; be gracious now to us and teach us! Have compassion upon us, O Source of mercy, and guide us to know and understand, learn and teach, observe and uphold with love all the teachings of Your Torah. Enlighten us with Your Teaching, help us to hold fast to Your *mitsvot*, and unite our hearts to love and revere Your name.

Then shall we never be put to shame, for we have put our trust in You, the great, holy, and awesome One. We shall rejoice and be glad in Your salvation, for You, our God, are the author of many deliverances. In love You have chosen us and drawn us near to You to serve You in faithfulness and to proclaim Your unity. Praised is Adonai, Who in love has chosen Your people Israel.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

(quietly)

בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוֹתוֹ לְעוֹלָם וָעֶד.

Hear, O Israel, Adonai is our God, Adonai is One!

(quietly)

Praised is God's majestic name throughout eternity.

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם, עַל-לִבְבְּךָ. וְשִׁנַּנְתָּם לְבִנְיָךָ, וְדַבַּרְתָּ בָם בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלַכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְבְךָ, וּבְקוּמְךָ. וְקָשַׁרְתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ, וְכָתַבְתָּם עַל מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.

Thou shalt love the Lord thy God with all thy heart, with all thy soul and with all thy might. And these words which I command thee on this day shall be upon thy heart. Thou shalt teach them diligently unto thy children. And thou shalt speak of them, when thou sittest in thy house, when thou walkest on the way and when thou liest down, when thou risest up. And thou shalt bind them as a sign upon thy hand, and they shall be for frontlets between thine eyes. Thou shalt write them on the doorposts of thy house and upon thy gates.

(Numbers 15)

Adonai said to Moses: Speak to the People Israel telling them that they are to make tassels on the corners of their garments throughout their generations and place upon the tassels a thread of royal blue. These shall be thy tassels, and when thou seest them shalt remember all Adonai's commandments and do them and not be led after thine own thinking and thine own desires after which thou art now gone astray.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מְלֻךְ הָעוֹלָם, צוּר כָּל הָעוֹלָמִים, צַדִּיק בְּכָל הַדּוֹרוֹת, הָאֵל הַנִּצְּאָמָן הַאֲוִימֵר וְעֹשֶׂה, הַמְדַבֵּר וּמְקַיֵּם, שְׁכָל דְּבָרָיו אִמֵּת וְצַדִּיק.

נִצְּאָמָן אַתָּה הוּא יְיָ אֱלֹהֵינוּ, וְנִצְּאָמָנִים דְּבָרֶיךָ, וְדַבֵּר אֶחָד מִדְּבָרֶיךָ אַחֲוֹר לֹא יָשׁוּב רִיקָם, כִּי אֵל מְלֻךְ נִצְּאָמָן וְרַחֲמָן אַתָּה. בְּרוּךְ אַתָּה יְיָ, הָאֵל הַנִּצְּאָמָן בְּכָל דְּבָרָיו.

רַחֵם עַל צִיּוֹן כִּי הִיא בֵּית חַיֵּינוּ, וְלַעֲלוּבַת נַפְשׁ תוֹשִׁיעַ בְּמַהֲרָה בְּיַמֵּינוּ. בְּרוּךְ אַתָּה יְיָ, מְשַׁמַּח צִיּוֹן בְּבִגְיָהּ.

שְׁמַחְנוּ יְיָ אֱלֹהֵינוּ בְּאַלְיָהוּ הַנְּבִיא עֲבַדְךָ, וּבְמַלְכוּת בֵּית דָּוִד מְשִׁיחֲךָ, בְּמַהֲרָה יָבֹא וְיַגְלֵל לְבָנוּ, עַל כְּסֹאוֹ לֹא יֵשֵׁב זָר, וְלֹא יִנְחֻלוּ עוֹד אַחֲרַיִם אֶת כְּבוֹדוֹ, כִּי בְשֵׁם קִדְשְׁךָ נִשְׁבַּעְתָּ לוֹ, שֶׁלֹּא יִכָּבֵה נֵרוֹ לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יְיָ, מְגַן דָּוִד.

עַל הַתּוֹרָה, וְעַל הָעֲבוֹדָה, וְעַל הַנְּבִיאִים וְעַל יוֹם הַשַּׁבָּת הַזֶּה הַזֶּה, שֶׁנִּתְּתָ לָנוּ יְיָ אֱלֹהֵינוּ לְקִדְשָׁהּ וְלִמְנוּחָהּ לְכָבוֹד וְלִתְפָאֶרֶת.

עַל הַכֹּל יְיָ אֱלֹהֵינוּ, אֲנַחְנוּ מוֹדִים לָךְ, וּמְבָרְכִים אוֹתְךָ, וְיִתְבָּרֶךְ שְׁמֶךָ בְּפִי כָל חַי תָּמִיד לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יְיָ, מְקַדֵּשׁ הַשַּׁבָּת.

Praised is Adonai our God, Ruler of the universe, Rock of all creation, righteous One of all generations, the faithful God Whose word is deed, Whose every command is just and true.

וְזֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לְפָנָי בְּנֵי יִשְׂרָאֵל
עַל פִּי יְיָ בְּיַד מֹשֶׁה.

Now this is the Torah that Moses set before the people Israel,
by God's command through Moses.

מִשְׁבַּרְךָ אֲבוֹתֵינוּ, מְקוֹר הַבְּרָכָה לְאֲמוֹתֵינוּ.

*Me-shebay-rakh avo-taynoo,
m'qor ha-bera-khah l'eemo-taynoo,
May the Source of strength,
Who blessed the ones before us,
Help us find the courage,
to make our lives a blessing,
And let us say, Amen.*

מִשְׁבַּרְךָ אֲמוֹתֵינוּ, מְקוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.

*Me-shebay-rakh ee-mo-taynoo,
M'qor ha-bra-khah l'avo-taynoo,
Bless those in need of healing with r'fu-ah shelay'mah
The renewal of body, the renewal of spirit,
And let us say, Amen.*

Lesson from the Prophets

Before the Haftarah:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר
בְּנְבִיאִים טוֹבִים, וְרָצָה בְּדַבְּרֵיהֶם הַנְּאֻמִּים
בְּאֵמֶת. בְּרוּךְ אַתָּה יְיָ, הַבוֹחֵר בַּתּוֹרָה, וּבְמֹשֶׁה
עַבְדּוֹ, וּבְיִשְׂרָאֵל עַמּוֹ, וּבְנְבִיאֵי הָאֵמֶת וְצַדִּיק.

Praised is God, Ruler of the universe, Who has chosen good
prophets and affirmed their words spoken in truth. Praised is
Adonai, Who chooses the Torah, Moses Your servant and Israel
Your people, and prophets of truth and righteousness.

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי, וְהֵייתֶם
קְדוֹשִׁים לֵאלֹהֵיכֶם. אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר
הוֹצֵאתִי אֶתְכֶם מִמִּצְרַיִם, לִהְיוֹת לְכֶם
לֵאלֹהִים, אֲנִי יְיָ אֱלֹהֵיכֶם.

That ye may remember and do all My commandments, and be
holy unto thy God! I am Adonai your God who brought you
out of the Land of Egypt to be Your God.

יְיָ אֱלֹהֵיכֶם אָמֵן

True and enduring, beloved and precious, awesome, good and
beautiful is this eternal teaching.

*This truth we hold to be forever certain: the Eternal God is our
Ruler.*

You are the Rock of Jacob, our protecting shield, You abide
through all generations; Your name is eternal. Your throne
stands firm. Your sovereignty and faithfulness are forever.

Adonai our God, You redeemed us from Egypt.

You set us free from the place of bondage.

*For this the people who felt Your love sang songs of praise to
You,*

The living God, high and exalted, mighty and awesome;

*Who humbles the proud and raises the lowly, Who frees the
captive and redeems the oppressed;*

Who is the answer to all who cry out to You.

All praise to God Most High, the Source of blessing! Like Moses,
Miriam and Israel, we sing to God this song of rejoicing:

מִי כְמוֹכָה בְּאֵלִים יְיָ, מִי כְמוֹכָה נֹאדָר בְּקֹדֶשׁ, נוֹרָא
תְּהִלַּת עֲשֵׂה פֶלֶא.

Who is like You, Eternal One, among those that are worshiped?
Who is like You, majestic in holiness, awesome in splendor, do-
ing wonders?

שִׁירָה חֲדָשָׁה שִׁבְחוּ גְּאוּלִּים לְשִׁמְךָ עַל שְׁפַת הַיָּם,
 יַחַד כָּלֶם הוֹדוּ וְהִמְלִיכוּ וְאַמְרוּ:
 יי יְמִלְךָ לְעוֹלָם וָעֶד.

A new song the redeemed sang to Your name by the shore of the sea, together they gave thanks and proclaimed Your sovereignty, declaring: Adonai will reign throughout eternity.

צוּר יִשְׂרָאֵל, קוּמָה בְּעֶזְרַת יִשְׂרָאֵל, וּפְדֵה כְּנָאֲמֶךָ
 יְהוּדָה וְיִשְׂרָאֵל. גְּאַלְנוּ יי צְבָאוֹת שְׁמוֹ, קְדוֹשׁ
 יִשְׂרָאֵל. בְּרוּךְ אַתָּה יי גֹּאֲלֵ יִשְׂרָאֵל.

O Rock of Israel, arise in Israel's aid and fulfill Your promise of redemption to Judah and Israel. Our Redeemer is the God of all Creation, the Holy One of Israel. Praised is Adonai, the Redeemer of Israel.

אֲדַנִּי שִׁפְתַי תִּפְתָּח וּפִי יִגִּיד תְּהִלָּתֶךָ.

Adonai, open my lips, that my mouth may declare Your glory

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ אֱלֹהֵי
 אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב. הָאֵל הַגָּדוֹל
 הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים,
 וְקוֹנֵה הַכֹּל, וְזוֹכֵר חֲסָדֵי אֲבוֹת וּמְבִיא גּוֹאֵל
 לְבָנָי בְּנִיחָם לְמַעַן שְׁמוֹ בְּאַהֲבָה. מְלַךְ עוֹזֵר
 וּמוֹשִׁיעַ וּמְגַן. בְּרוּךְ אַתָּה יי, מְגַן אַבְרָהָם.

אַתָּה גִבּוֹר לְעוֹלָם אֲדַנִּי, מְחַיֶּה מֵתִים אַתָּה, רַב
 לְהוֹשִׁיעַ.

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה מֵתִים בְּרַחֲמִים
 רַבִּים. סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר
 אֲסוּרִים, וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁנֵי עֶפֶר. מִי כָּבֵעַל
 גְּבוּרֹת וּמִי דוֹמָה לָךְ, מְלַךְ מִמִּית וּמְחַיֶּה
 וּמְצַמִּיחַ יְשׁוּעָה. וְנֶאֱמַן אַתָּה לְהַחְיֹת מֵתִים.
 בְּרוּךְ אַתָּה יי, מְחַיֶּה הַמֵּתִים.

Dominion is Yours, Adonai; You are supreme over all. Yours, Adonai, is the greatness, the power and the glory, the victory and the majesty; for all that is in Heaven and on Earth is Yours.

Lesson from the Torah

Before the Torah reading:

בְּרַכּוּ אֶת יי הַמְּבוֹרָךְ.

בְּרוּךְ יי הַמְּבוֹרָךְ לְעוֹלָם וָעֶד.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מְלַךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ
 מִכָּל הָעַמִּים, וְנָתַן לָנוּ אֶת תּוֹרָתוֹ. בְּרוּךְ אַתָּה יי,
 נוֹתֵן הַתּוֹרָה.

Reader : *Bar'khoo et Adonai hamvo-rakh.*

Congregation: *Barukh Adonai hamvo-rakh l'olam va'ed.*

Reader Repeats: *Barukh Adonai ham-vorakh l'olam va'ed.*

*Barukh atah Adonai, elohaynoo melekh ha-olam, asher ba-har
 banoo me-kol ha'amim, v'natan la-noo et tora-toe. Barukh atah
 Adonai, no-ten ha-torah.*

Praise Adonai to Whom our praise is due!

Praise Adonai to Whom our praise is due
 now and forever.

Praised is Adonai our God, Ruler of the universe, who has chosen us from all peoples and gave us the Torah. Praised is Adonai, Giver of the Torah.

After the Torah reading

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מְלַךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ
 תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ. בְּרוּךְ אַתָּה
 יי, נוֹתֵן הַתּוֹרָה.

*Barukh atah Adonai, elohaynoo melekh ha-olam. asher natan
 lanoo to-rat emet, v'hayay 'olam na-ta' beto-khenoo. Barukh
 atah Adonai, no-ten ha-torah.*

Praised is Adonai, our God, Ruler of the universe, Who has given us a Torah of truth, implanting within us eternal life. Praised is Adonai, giver of the Torah.

Readings from Scripture

אֵין כְּמוֹךָ בָּאֱלֹהִים, יְיָ, וְאֵין כְּמַעֲשֶׂיךָ. מַלְכוּתְךָ
מַלְכוּת כָּל עֲלָמִים, וּמִשְׁלֶתְךָ בְּכָל דָּר וָדָר.

There is none like You, Adonai, and there are no deeds like Yours. Your rule is universal, and Your dominion endures throughout all generations.

יְיָ מְלֶכֶךָ, יְיָ מְלֶכֶךָ, יְיָ יִמְלֶכֶךָ לְעֹלָם וָעֶד. יְיָ עַז לְעַמּוֹ
יִתֵן, יְיָ יִבְרַךְ אֶת עַמּוֹ בְּשָׁלוֹם.

Adonai reigned, Adonai reigns, Adonai will reign eternally: Adonai will give strength to this people, Adonai will bless this people with peace.

כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה, וּדְבַר יְיָ מִירוּשָׁלַיִם.

For out of Zion shall go forth Torah, and the word of Adonai from Jerusalem.

בְּרוּךְ שְׁנַתֵּן תוֹרָה לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשָׁתוֹ.

Praised be the One who in Your holiness has given Torah to Your people Israel.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

Hear, O Israel, Adonai is our God, Adonai is One.

אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵינוּ, קְדוֹשׁ שְׁמוֹ.

Our God is one, Adonai is great; holy is Your name.

גָּדְלוּ לִי אֶתִי, וּנְרוֹמְמָה שְׁמוֹ יַחְדָּו.

Magnify Adonai with me, and let us exalt God's name together!

לָךְ יְיָ הִגְדַּלְתָּ וְהִגְבוֹרָתָהּ וְהִתְפָּאֲרַתָּ וְהִנְצַחְתָּ וְהִהוֹדָה,
כִּי כָל בְּשָׂמַיִם וּבְאָרֶץ, לָךְ יְיָ הַמְּמַלְכָה וְהַמְתַּנְשֵׂא
לְכָל לְרֵאשׁ.

Praised are You, Adonai our God and God of our ancestors Abraham, Issac and Jacob, the great, mighty and exalted God, God supreme who acts graciously and creates all things, remembering the virtue of our ancestors by bringing redemption to their descendants for the sake of Your name. You are our Ruler and our Helper, our Savior and Protector. Praised is Adonai, the Shield of Abraham.

Eternal is Your might, Adonai, Giver of life to the dead, great are You to deliver.

In grace You sustain the living, in Your great mercy You give life to the dead. You uphold the falling and heal the sick, free the captives and keep faith with those who lie in the dust. Who is like You, Almighty God, a Ruler who ordains life and death, Source of salvation. Trustworthy are You to give life to the dead. Praised are you Adonai, who gives life to the dead.

נִקְדַּשׁ אֶת שְׁמֶךָ בְּעוֹלָם, כְּשֵׁם שֶׁמְקַדְּשִׁים אוֹתוֹ
בְּשָׁמַיִם מְרוֹם, כְּכַתּוּב עַל יַד נְבִיאֶיךָ וְקָרָא זֶה אֵל
זֶה וְאָמַר:

We sanctify Your name on in this world, even as they sanctify it in the lofty heavens, as it is written by Your prophets: "They cried out to each other said":

קְדוֹשׁ, קְדוֹשׁ, קְדוֹשׁ יְיָ צְבָאוֹת, מְלֵא כָּל הָאָרֶץ
כְּבוֹדוֹ.

Holy, Holy, Holy is the Lord of hosts, The whole Earth is filled with Your glory!

אֲדִיר אֲדִירָנוּ יְיָ אֲדִירָנוּ, מָה אֲדִיר שְׁמֶךָ בְּכָל
הָאָרֶץ.

Our most glorious Lord our God, how magnificent is Your name in all the Earth!

בְּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ.

Your glory is praised from Your abode.

אֶחָד הוּא אֱלֹהֵינוּ, הוּא אָבִינוּ, הוּא מְלַכֵּנוּ, הוּא
מוֹשִׁיעֵנוּ, וְהוּא יִשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָּל חַי.

You alone are our God and our Creator. You are our ruler and
our helper, and in Your mercy You will cause us to hear in the
witness of all that live:

אֲנִי יי אֱלֹהֵיכֶם.

I am Adonai your God.

וּבְדַבְרֵי קִדְשְׁךָ כָּתוּב לֵאמֹר:

And in Your sacred scriptures thus it is written:

יְמַלְךָ יי לְעוֹלָם, אֱלֹהֵיךָ צִיּוֹן לְדוֹר וָדוֹר, הַלְלוּיָהּ.

Adonai shall reign forever, your God, O Zion, from generation
to generation. Halleluyah!

לְדוֹר וָדוֹר נִגִּיד גְּדֻלָּתְךָ, וְלִנְצַח נִצְחִים קִדְשְׁתְּךָ
נִקְדִּישׁ, וְשִׁבְחֶךָ, אֱלֹהֵינוּ מִפִּינוּ לֹא יִמוּשׁ לְעוֹלָם
וָעַד. בְּרוּךְ אַתָּה יי, הָאֵל הַקָּדוֹשׁ.

To all generations we will make known Your greatness, and to
all eternity proclaim Your holiness. Your praise, O God, shall
never depart our lips. Praised is Adonai, the holy God.

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת, לַעֲשׂוֹת אֶת הַשַּׁבָּת
לְדוֹרֹתֶם בְּרִית עוֹלָם. בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת
הִיא לְעַלְמִים, כִּי שֵׁשֶׁת יָמִים עָשָׂה יי אֶת הַשָּׁמַיִם
וְאֶת הָאָרֶץ, וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֵשׁ.

The people of Israel shall keep the Sabbath, observing the Sab-
bath in every generation as a covenant for all time. It is a sign
forever between Me and the people of Israel, that in six days
the Eternal God made the heavens and Earth, and on the sev-
enth day God ceased from labor and was refreshed.

אֱלֹהֵי, נִצּוֹר לְשׁוֹנֵי מִרְעָ. וּשְׁפָתַי מִדְּבַר מְרָמָה.
וְלִמְקַלְלֵי נַפְשֵׁי תוֹדִים, וְנַפְשֵׁי כְּעַפְרָ לְכָל תַּהֲיָה.
פָּתַח לִבִּי בְּתוֹרָתְךָ, וּבְמִצְוֹתֶיךָ תִּרְדּוּף נַפְשִׁי. וְכָל
הַחוֹשְׁבִים עָלַי רָעָה, מְהֵרָה הִפֵּר עֲצָתָם וְקַלְקַל
מַחְשַׁבְתָּם. עֲשֵׂה לְמַעַן שְׁמֶךָ, עֲשֵׂה לְמַעַן יִמְיָנְךָ,
עֲשֵׂה לְמַעַן קִדְשְׁתְּךָ. עֲשֵׂה לְמַעַן תּוֹרָתְךָ. לְמַעַן
יִחְלְצוּן יְדִידֶיךָ, הוֹשִׁיעָה יְמִינְךָ וְעַנְנֵי.

My God, guard my tongue from speaking evil and my lips from
speaking deceit. May I keep silent in the face of derision, and let
me be as the dust to all. Open my heart to Your Torah, and
pursue me with your mitzvot. Should anyone wish me ill,
quickly frustrate their designs and undo their plans! Act for the
sake of Your name, Your power and Your holiness; act for the
sake of Your Torah, so that those who love You may be saved.
Through Your saving power answer my prayer and help me.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ: אָמֵן.

May the One who makes peace on high bring peace upon us
and upon all Israel, and let us say, Amen.

וְעַל כָּלֵם יִתְבָּרַךְ וַיִּתְרוֹמַם שְׁמֶךָ, מַלְכֵנוּ, תַּמִּיד
לְעוֹלָם וָעֶד.

We gratefully acknowledge that You are Adonai our God, the God of our people, the God of all generations. You are the Rock of our life, the Power that shields us in every age. We thank You and sing Your praises; for our lives, which are in Your hands; for our souls, which are in Your keeping; for the signs of Your presence we encounter every day; and for Your wondrous gifts at all times, morning, noon and night. You are Goodness; Your mercies never end. You are Compassion; Your love will never fail. You have always been our hope.

For all these things, our sovereign God, let Your name be forever exalted and praised.

וְכָל הַחַיִּים יוֹדוּךָ סֵלָה, וַיְהִלְלוּ אֶת שְׁמֶךָ בְּאַמֶּת,
הָאֵל יִשׁוּעַתָּנוּ וְעִזְרָתָנוּ סֵלָה. בְּרוּךְ אַתָּה יי, הַטוֹב
שְׁמֶךָ וְלֶךְ נְאֻה לְהוֹדוֹת.

God our Redeemer and Helper, let all who live affirm You and praise Your name in truth. Adonai, Whose nature is goodness, we give You thanks and praise.

שָׁמַיִם שְׁלוֹם טוֹבָה וּבִרְכָה, חוֹ וְחֶסֶד וְרַחֲמִים, עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל עַמְּךָ. בְּרַכְנוּ, אֲבִינּוּ, כְּלָנוּ כְּאֶחָד
בְּאוֹר פְּנִיךָ, כִּי בְאוֹר פְּנִיךָ נִתְתָּ לָנוּ, יי אֱלֹהֵינוּ,
תּוֹרַת חַיִּים וְאַהֲבַת חֶסֶד, וְצַדִּיקָה וּבִרְכָה וְרַחֲמִים
וְחַיִּים וְשְׁלוֹם, וְטוֹב בְּעֵינֶיךָ לְבָרַךְ אֶת עַמְּךָ יִשְׂרָאֵל
בְּכָל עֵת וּבְכָל שְׁעָה בְּשְׁלוֹמְךָ. בְּרוּךְ אַתָּה יי,
הַמְּבָרַךְ אֶת עַמּוֹ בְּשְׁלוֹם.

Grant peace, happiness, and blessing; grace and love and mercy on us and on all Israel Your people. Bless us, our Creator, one and all, with the light of Your presence, for by that light, our God, You have revealed to us the law of life: to love kindness, justice and mercy, to seek blessing, life and peace. May it please You to bless Your people Israel at all times with peace. Praised is Adonai, Who blesses the People Israel with peace.

אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, רְצֵה בְּמִנוּחֵתָנוּ, קִדְּשָׁנוּ
בְּמִצְוֹתֶיךָ וְתוֹן חֻלְקֵנוּ בְּתוֹרָתֶךָ, שְׂבַעֲנוּ מְטוֹיְבָה,
וְשִׂמְחָנוּ בִּישׁוּעָתֶךָ, וְטַהַר לִבֵּנוּ לְעִבְדֶּךָ בְּאַמֶּת.
וְהִנְחִילָנוּ יי אֱלֹהֵינוּ בְּאַהֲבָה וּבְרַצוֹן, שְׁבַת קִדְּשֶׁךָ,
וַיְנוּחוּ בָּהּ יִשְׂרָאֵל, מִקִּדְּשֵׁי שְׁמֶךָ. בְּרוּךְ אַתָּה יי,
מְקַדֵּשׁ הַשְּׁבֵת.

Our God and God of ages past, may our rest on this day be pleasing in Your sight. Sanctify us with Your mitzvot, and let Your Torah be our way of life. Satisfy us with Your goodness, gladden us with Your salvation, and purify our hearts to serve You in truth. In Your gracious love, Adonai our God, let Your holy Sabbath remain our heritage, that all Israel, sanctifying Your name, may find in it rest and peace. Praised is Adonai, for the Sabbath and its holiness.

רְצֵה, יי אֱלֹהֵינוּ, בְּעַמְּךָ יִשְׂרָאֵל וּתְפַלְתֵם בְּאַהֲבָה
תְּקַבֵּל בְּרַצוֹן, וְתִהְיֶה לְרַצוֹן תַּמִּיד עֲבוֹדַת יִשְׂרָאֵל
עַמְּךָ. וְתִחְזִינָה עֵינֵינוּ בְּשׁוֹבֶךָ לְצִיּוֹן בְּרַחֲמִים.
בְּרוּךְ אַתָּה יי, הַמְּחַזִּיר שְׂכִינְתוֹ לְצִיּוֹן.

Be gracious, Adonai our God, to Your people Israel, and receive our prayers with love. May our worship always be acceptable to You. Let our eyes behold as You return to Zion. Praised is Adonai, Whose presence returns to Zion.

מוֹדִים אֲנַחְנוּ לָךְ, שְׂאֵתָה הוּא יי אֱלֹהֵינוּ וְאֱלֹהֵי
אֲבוֹתֵינוּ לְעוֹלָם וָעֶד, צוֹר חַיֵּינוּ, מִגֵּן יִשְׁעֵנוּ, אַתָּה
הוּא לְדוֹר וָדוֹר. נוֹדָה לָךְ וְנִסְפָּר תְּהִלָּתֶךָ. עַל
חַיֵּינוּ הַמְּסוּרִים בְּיָדֶךָ, וְעַל נְשִׁמוֹתֵינוּ הַפְּקוּדוֹת
לָךְ, וְעַל נְסִיף שְׂבָכְךָ יוֹם עַמְּנוּ, וְעַל נִפְלְאוֹתֶיךָ
וְטוֹבוֹתֶיךָ שְׂבָכְךָ עֵת, עֲרַב וּבָקֵר וְצַהֲרִים, הַטוֹב
כִּי לֹא כָלוּ רַחֲמֶיךָ, וְהִמְרַחֵם כִּי לֹא תִמּוּ חֲסָדֶיךָ,
מֵעוֹלָם קוִינּוּ לָךְ.